In terms of the social pattern of the rural village, this means that there is a very significant distinction to be made between the older generation of farmers proper and the younger generation whose direct attachment to the land and farming is weaker if not already broken. If one turns to a consideration of the way of life and living standards in the village community this gulf is apparent. Most spectacular perhaps are changes in clothing.

The familiar working garb of the farmer has been the heavy woollen vest, cotton trousers, waistcoat, and cap. Recently, army-surplus shirts, denims, etc., have replaced the locally-made garment, often of home-grown cotton, while the cummerbund is now rare. Sandals are normally worn for walking but not for work. The farmer who works round the clock has never had a 'best suit'. He attends Mass in his working clothes before going to the fields and, on Sundays and holidays, ventures forth as on any other day with the possible addition of a woollen cardigan or more presentable waistcoat. For women, the use of the *faldetta* ribbed hood has declined rapidly in the last 20 years and is now only worn by the older women in the villages and by female members of the M.U.S.F.U.M. movement. The use of black generally by women is declining but most clothes are still made in the home even if from bought material rather than home-produced cotton or wool. The younger generation are not usually content to venture forth dressed in the manner of their parents but insist on making their own appearance as much like that of the average town-dweller among whom they aim to move socially. The white shirt, smart suit, shoes, socks, and well-oiled hair of the young men and the bright dresses, high-heeled shoes, nylons and cosmetics of the village maidens are regarded as the essential uniform of the seeker after the bright lights of Valletta and the towns. The schools have played a part in this with their demands on cleanliness, footwear and dress in the classroom. Occasionally a child goes bare-foot to a village school but no one would think of visiting Valletta shoe-less. The imitation of urban standards of dress is particularly apparent in the sub-urban districts where the farming minority are at pains to 'keep up with the Vellas' in dress - in spite of the expense involved.

Diet in the traditional rural scene depended upon what could be produced by the fields and animals held by any family. The standard soups and stews (such as *minestra* and *brodu*) were consequently largely vegetable. Meat was rarer, fish seasonal and small birds might be added to a stew depending on the results of the hunting or, more correctly, shooting which was and is a popular Sunday and Holiday pastime in the countryside. The diet was rather less 'Italian' than that in Valletta and the towns, with potatoes in place of the various forms of farinaceous paste - spaghetti, macaroni, etc. As in the rest of the Islands before the 1939-45 war, milk was taken fresh from goats and sheep and was not infrequently disease-carrying. Tinned milk is now popular in town and country but consumption of bottled, pasteurised milk is growing. Tea and coffee drinking have to some extent replaced local and home-made wines, especially in the many bars and small cafés which have become the leisure-time resorts of the men of the villages between strolls in the squares and streets. Even here change is evidenced, for the traditional guitar-accompanied *ghana* of the Maltese peasant has given way to *Radio e Televisione Italiana* as the basis of café entertainment.

This very increase in leisure time is significant. The old farmer is content to spend the greater part of every day with his animals or in the fields for they are in fact his hobby as well as his livelihood. Cinemas and bright lights hold no attraction for him; but the young man insists on recreation as he sees it in the towns. The timetable of the farmer varies according to his type of farming. The herdsmen's life is ruled by the routine of feeding and attention demanded by his cows or goats and by the times of milk collection demanded by the Milk Marketing Undertaking. All this means an earlier daily start (sometimes 1 or 2 a.m.) than is usual for the field worker who begins his day with a 4 a.m. or 5 a.m. Mass and then stops for a light breakfast some three hours later. Lunch-time is 11 a.m. or noon and is followed by a *siesta* of some hours, depending on the season and the pressure of work to be completed before the sun goes down and the field-worker shoulders his hoe or his wooden plough and returns home

1: Bowen-Jones et al. K-5 (1955-1958) 1961
EZ6 Malta EZ6

for the evening meal, Rosary, and sleep. Electricity has made his time-table only slightly less dependent on the times of the rising and setting sun.

Increased spending-power, a more varied diet now including a variety of preserved and non-local foods, and the replacement of home-produced cotton by purchased materials for making clothes, have all contributed to the extension of shopping facilities in the villages. Apart from the 'general store', specialised shops have also made their appearance - butchers, pharmacists, clothing shops, and so on. The 1939-45 war brought flour and bread rationing and the end of home-baking - hence a further village specialisation (see p. 182). Since the War, the number of vans touring the countryside every week has increased rapidly to bring a variety of wares to the door of even the most lonely farmhouse. The *petrolju* van was early in the field, for the rural Maltese have long relied on paraffin for both cooking and such heating as the houses receive. Yet another addition in recent years to the diet of the poorer classes has been the free distributions of food (cheese, rice, corn-meal and flour) made by C.A.R.E. and by Catholic Relief Services (cheese, beans, flour, etc.), another organisation distributing surplus United States food supplies abroad.

Village housing is changing more slowly. The traditional Maltese rural home was a flat-roofed dwelling built round an enclosed courtyard, from which a staircase frequently led to an upper floor. The courtyard was the centre of domestic life and much of the regular work of the household was done here. A door, large enough to take a cart, opened on to the street. Windows on outside walls were small and rare. In many of the older parts of the villages, accommodation for animals and stores adjoins the rooms occupied by the family, the whole forming a compact economic and domestic unit. Water was carried from a village pump and sanitation, if any, was limited to independent cess-pits requiring periodic emptying. In winter such premises were liable to be very cold; in the heat of summer the rough roads of beaten earth readily produced a fine dust which can only have had harmful effects on the widespread trachoma and similar ailments.

Nowadays much of this survives only in the memory of the older people. Only some village streets in Gozo are not now surfaced; mains sewerage has been extended to all the larger villages of Malta; electricity is absent only in north-western Gozo; familiar red telephone kiosks have appeared all over the Islands; the larger villages in Malta have cinemas, in addition to much older Band Club buildings.

The essential features of the village society within which the Maltese farmer lives today may be summarised thus in conclusion:-

Economically, there has been a change from the independent, subsistent family unit to a diversified and inter-dependent occupational structure in the village, along with a realisation of the impossibility of maintaining Maltese agriculture in its traditional form without 'artificial' support. Materially, the village is seen to have benefited from a wide range of developments which have improved it as a place in which to live for the Maltese countryman with his now greater range of demands - and the buying-power with which to achieve them, thanks to war-time siege and subsequently to Government subsidy and guarantee. Socially, literacy and the awareness of a different way of life beyond the village have brought to the younger generation an intense dissatisfaction. Dissatisfaction not only with the social regime of the village, even in its present broadened and functionally diversified form, but also with the farming on which the community has depended.

Thus farming in its present form is waning and the Maltese farmer as he was in the recent past - and still is among the older generation - is a disappearing individual. If the clash between the present younger generation and the old order can be resolved and if the retreat from the land can be stemmed at all, a different kind of agriculture will emerge with a new type of farmer and a changed rural society.

REFERENCES

1. Census of the Maltese Islands 1948. Table 53.
2. C.A.R.E. - Co-operative for American Remittances to Everywhere.

Note: For a fuller consideration see R. W. Boxley: 'The Individual and Changing Rural Society in Malta', Ph.D. Thesis, Durham, 1960.

2: Boissevain E-5 (1960-1961) 1965
EZ6 Malta EZ6

438 The many little shops
443 scattered about the village permit the women to do most of their
512 shopping near their own homes. Because of the long, hot summers
621 when food spoils quickly, they shop separately for each meal.
[251] Their shopping trips begin on the way home from the early Mass,
[796] at about 4.30 or 5 o'clock in the morning, and continue until 7 or 8 o'clock in the evening. Thus, during the course of a day, a woman may make as many as a dozen trips to the shops as well as to the hawkers who pass through the neighbourhood. These trips are social occasions during which she comes in contact with friends and neighbours from all parts of the village, and in the process hears the village news.

278 The men are out of the village from 6 o'clock or so in the
512 morning to about 2 o'clock in the afternoon in the summer, and
517 in the winter from about 7 or 8 o'clock in the morning to 5 o'clock
621 in the evening. But summer or winter, in the late afternoon and the early evening the men gather in the clubs, wine shops and cafés. Besides the clubs and important cafés in the square, which draw men from all over the village, there are many small neighbourhood wine shops. Most have a regular clientele of friends and neighbours who spend hours together talking, playing cards and drinking tea, soft drinks or wine. Many cafés also have television. Thus, though most inhabitants of a village are in fairly frequent contact with each other, the gossip groups of the women and the wine shops of the men form local social centres which help bind neighbours more closely to one another. These neighbourhoods develop a certain group loyalty.

621 It often happens that some of the neighbourhoods in a town or
794 village are centred on small chapels. In times gone by there used
796 to be a certain amount of good-natured competition between the youngsters of these districts over the festas of the patron saints of their respective chapels. But, except on rare occasions, this rivalry never threatened the unity of the village during the annual festa of the patron saint of the parish. Frequent removals from house to house within the village have usually helped to prevent the development of disruptive sectional loyalties.

621 Since each village is also a separate parish it is not possible to
[771] consider a village entirely as a secular community. Religion per-
[794] meates the structure of Maltese society to an extent that makes it quite impossible to classify many institutions as either religious or secular. As a secular community, a village has no official leader, it

as a means of escape (Section 1).

The nature of the farmer's daily timetable depends on

(a) the type of farm-unit involved,
(b) the labour force available,
(c) location,
(d) season.

The farmer's day begins, on average, between 4 a.m. and 4.30 a.m. Extremes are found in the case of herdsmen who often rise much earlier - at 2.30 a.m. in the case of the Comitan with a large herd of cows and only a limited milking labour force, or after 5a.m. or 5.30 a.m. for a herdsman whose farm is close to an M.M.U. collection depôt. The M.M.U. require herdsmen to deliver their milk at such a depôt for transportation to the pasteurizing centre at Hamrun or, in Gozo (after 1958), to the new milk centre at Xewkija. Before this latter addition to the milk industry, which is expected to cope with all the Gozo-produced milk in both pasteurizing and other processes, it was possible for a herdsman (Case I) in north-western Gozo to have to rise as early as 12.30 a.m. Generally, in the summer, reveille for the field worker might be an hour or so earlier than in winter so that he and, even more, the herdsman might expect to begin most of his working days in darkness.

The first event of the day for many country people is Mass. Some are regular attenders at one of the services between 4 and 6 a.m. Others, living further from a Church or having very heavy commitments of work, are less so. Field workers frequently take the Mass on their way to the work of the day (Case X).

Breakfast is invariably a very light meal of little more than bread and tea or coffee. It is taken sometime between reveille and about 9 a.m. and does not constitute a major halt in the work of the farm. Milk producers in most cases do not breakfast until the animals are milked or even until they return with their carts from taking the churns to the M.M.U. collection depôt in the nearest village.

The main meal of the day is lunch, taken somewhere between 10.30 a.m. and 12.30 p.m. and followed by a siesta of up to three hours. The herdsman's siesta is less flexible than that of the farmer for a 1 p.m. afternoon milking limits the time available. The milking over, the goat-herder takes his animals out to graze on a suitable patch of waste ground or stubble until 5 or 6 p.m. - or later in the summer (Case II). The milk is taken to the collection depôt with minimum loss of time especially in hot weather. In the case of the herdsman with cows there is clearly no question of grazing these animals (Case VI), except in one case (Case IX).

except in one case (Case IX).

241 234 512 264 262 The evening meal is generally smaller than the lunch although consisting of much the same elements - a thick stew ('brodu' or 'minestra'), along with bread, cheese, fruit, olives, tomatoes, etc. The consumption of meat and fish is in part governed by religion and in part by price and availability, though meat certainly figures much more prominently in the rural diet than formerly. The meal is taken soon after the return from the fields, about 6.30 p.m. and is followed, an hour or so later by the saying of a family Rosary before retiring for the night about 8.0 p.m. In Gozo there is a tendency for people to rise, eat, work and retire to bed rather earlier than in the larger Island and the smaller villages are usually dark and quiet by 7 p.m.

241 234 512 Apart, therefore, from external factors, such as M.M.U. collection or Church service timings, the daily timetable of the farmer and the herdsman depends to a large degree on his own volition. He knows what work is outstanding and can decide how and when he will do it within the limits imposed by the season, demands of animals, and so on. Thus, at a peak period of field-work, such as harvest, the farmer and his assistants may work on until the late evening - even through the night. During exceptionally heavy rains, as in October 1957, work on anything approaching the normal scale is, on the other hand, impossible and the farmer's day becomes one of doing what he can and complaining copiously meanwhile.

244 512 461 Midge (B/516, p.236), writing in 1840, was impressed by the regular and assiduous labour of the Maltese farmer, even during the heat of the summer sun. "Il semble impossible, au premier abord, que le paysan maltais puisse résister aux chaleurs intenses de l'été. Cependant, au milieu des champs, dès le lever du soleil, on le voit, exposés a ses brûlants rayons, continuer tout le jour ses pénibles travaux. Il fait deux pauses: la première a huit heures; il se repose alors une demi-heure pour déjeuner; la seconde à onze heures; c'est l'instant de son dîner frugal, après lequel il se repose de nouveau jusqu'à midi en hiver, et jusqu'à une heure en été, tantôt à l'ombre d'un figuier, tantôt au pied du petit mur qui entoure le champ, la tête couverte d'un bonnet de laine, et le reste du corps exposé au feux du jour. Il reprend ensuite ses travaux avec la même vigueur, et ne se retire qu'au signal donné par la cloche de son village, c'est à dire au coucher du soleil".

572 241 234 178 The essentials of the daily round of the farmer have changed little since Midge wrote except in so far as the tremendous increase in the importance of stock-rearing and

178 241 234 512 milk production (notably the growth in the number of dairy cattle in the Islands) has produced a new kind of operator in Malta, the cows' milk producer, for whom field work is secondary and then based primarily on the production of fodder for his animals and fruit and vegetables for the family.

512 527 796 [241] [234] Sundays and Feast Days bring a break in the routine. Work in the fields lapses but animals still have to be milked and fed. On festa days the whole village goes en fête and to Church. A procession of religious images, members of religious orders, priests, penitents and others to the accompaniment of fireworks and brass bands blaring through the bustle in the narrow streets and alleys fills the evenings of these not infrequent days of festa, fast and feast. These Holy Days and holidays have been the traditional breaks in the round of hard and heavy working [178] [575] days. The present younger generation still enjoys the merriment and processing of these occasions but the Band Clubs have lost for them something of their position of fifty years ago, and the cinema and bright lights of [461] Valletta provide alternatives and additions to the range of possibilities. The young villager of today wants time off not only on festa days but on ordinary working days as well.

527 796 562 575 The village festa is a communal celebration. Both men and women can share in the religious and social aspects. The Band Clubs established in the most villages during the past hundred years have however been solidly masculine (B/521). Other recreations of the farming community are 517 largely masculine pastimes such as shooting small birds, gossipping in the village squares and bars or at the M.M.U. collection depôt, watching the races at the Marsa course or arguing prices at the Sunday morning market 'Fuq il-Monti' 517 in Valletta. In Gozo the big assembly early each Sunday 443 morning in 'It-Tokk', the main square of Victoria, is the scene of much buying, selling and talking by villagers from all parts of the Island who come each week to the capital [184] but rarely visit other villages. The focal pattern [494] resembles that in Malta, where the bus routes converge on the Urban area and Valletta but provide comparatively little inter-village transport (B/381).

178 241 Dissatisfaction with the way of life outlined above, whether for economic reasons (the small remuneration per man/hour of effort), or social considerations (the low status of the farmer, fisherman and other country people) is producing a younger generation anxious to escape if at all possible from following in the footsteps of their fathers and, thereby, accentuating the problem of how the farms of Malta and Gozo are to continue operating.

*159 46 work of the farm and animals himself", and he can only cope with his own farm and animals if he follows a heavy and rigidly organized schedule of work. Hired labour is not a proposition, Pawlu avers, at £1 for an eight-hour day and this has apparently contributed to the emphasis which he has put on fodder and milk production in recent years. [433] High costs of hired labour for field-work together with the poor and unguaranteed returns for crop produce make field work on dry (baghli) land a poor prospect. Irrigable land presents a different picture but there is none available in Pawlu's district.

*159 ●512 Pawlu's timetable (in effect he runs the farm single-handed) centres on the animals. During the summer months the pressure is slightly less because the weather is easier, field-work is less pressing and he has the casual help of the younger children in school vacations. Daily time of rising for Pawlu depends on where and when the milk has to be taken for collection. At one stage, in 1957, he had to be up soon after midnight but, until the new milk factory was opened at Xewkija in 1958, a more usual reveille was at 2 or 3 a.m.

[264] [262] Breakfast, of coffee and bread, is taken when the family gets up or when they return from the Church nearby. Pawlu often has to take meals when he can fit them in between his jobs so that it is somewhat exceptional to find the whole family sitting together for food. The morning milking takes him some two hours after which the animals need feeding and attention before he can go to the fields. About six times a month his morning takes him to Rabat on shopping or business errands.

[264] [262] Lunch, the main meal of the day, consists every day of either minestra (thick soup) or farinaceous paste of some kind, together with bread, cheese, oil (żejt) and home-made tomato 'kunserva'. Lunch is usually over by noon when milking and the preparation of the afternoon feed begins.

[264] The evening meal is normally similar to the lunch in content but less in amount. It is often taken immediately before retirement for the night which is early in the village. The farmer reckons to be in from the fields by sun-down but, when the evenings are longer, most of the village is quiet soon after 6 p.m. except where some conversation lingers in a paraffin-lit shop.

*159 512 794 Sundays and festa days are breaks from the normal routine, but Church-going is not confined to these days and in fact accounts for some two half-hour visits every day with extra attendances at the weekend. In this very rural community the 'social' aspect of church-going retains most of its traditional importance. In the absence of

*159 cafes, clubs, etc., it remains the centre of village affairs
● 512 and the focus of activity, secular as well as religious.
794 Pawlu is one of the farmers of this village, but his
592 children are not likely to be farmers. Therefore can they
178 remain of the village? As yet it has patently little to
*159 offer their education and culture and no apparent opportunity for a livelihood at their new and higher standards. They are leaving farming and are leaving the village as well in search of the means of earning a living - other than in farming.

SUMMARY of CASE I

*159 (A large scale Gozitan goats' milk producer with a considerable land holding)
423
427

A. Land.

[311]
- Area held in 1956: 18⅝ tmien, 1957: 30½ tmien, 1958: 42½ tmien, the additions being almost entirely in the form of grazing land. The present holding is in 26 plots, rented from several landlords including Church, Civil Government and private individuals. Owns one small plot and sublets several others from neighbouring farmers. Plots scattered over considerable area in Gharb and St. Lawrens diptricts, Rent totals £23.14.0 p.a., ranging from 21/6 per tomna for cultivable (dry) land to 4/- per tomna for rough grazing.
- Previously held a further 20 tmien, 3 of which have been sub-let or exchanged and 17 abandoned owing to inaccessibility.

*159 B. Utilisation.
423
311

	1956	1957	1958
House	⅛	⅛	⅛
Vines	⅛	⅛	⅛
Prickly pear	⅛	⅛	⅛
Fodders	8½	10½	14½
Vegetables	8⅝	6½	2⅝
Rough Grazing	-	12	24
Unused	⅛	⅛	⅛
Total	18⅝	30½	42½ tmien

*159 C. Livestock. (Nov. 1957)
231
38 goats, 8 kids
2 cows
1 sheep
100 poultry
1 horse

*159 D. Capital.
401
- Land all rented save one small plot.
[427] - Appears to be amassing capital from profits on milk
[456] production.
- No specialised equipment.

*159 E. Labour.
464
- No permanent hired help.
- One son works full time on the farm, help from other children.

*159 F. Production and Sales.
433
- Milk is the main item of income to which occasional small sales of vegetables are the only addition.
[434] - Sample daily feed for 1 cow yielding c.3 gallons

*1569
4121
2411
5124
234

TABLE 4. CASE II. Analysis of Work Record. 1957-58(a)

ACTIVITY	Aug		Sept		Oct		Nov		Dec		Jan		Feb		Mar		Apr		May		June		July		Year	
	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm		
Sundays and feasts(b)	6		5		4		5		6		6		5		6		5	1	6		6		4		56	1
"Business", miscellaneous	1				1		2				1		2		1				1				1		10	
Grazing Goats.(c)		29		28		30		29		30		30		25		20		28		30		29		28		336
Collecting money from H.E.U.	1			1		2		2				2		1		1		1		2		2		2	17	
Goats' sheds - cleaning				1		3		2	1	4		2	1	2		1									15	
" " - building, repairing	3							9		1															13	
Pigs, illness and slaughtering				1		1								1									1	1	4	
(Sowing				1								8													9	
Potatoes (Weeding, hoeing																2		3							5	
(Lifting										6												2			8	
Pruning												12		3											15	
Grafting												1		4		2									7	
Vines Hoeing, plowing, spraying						1	1							1	1	6	1	3		1		1			21	
Picking				6		2																			8	
Tomatoes Planting out, hoeing																1				2				1	4	
Picking	1			8		4		1																2	16	
Wheat Sowing								1		10															11	
Reaping																					11				11	
Barley Sowing								3																	3	
Reaping																			5						5	
Sowing	2																						1		3	
Sulla Reaping	1												1		6		6						2		15	
Binding(d)																	5								5	
Harrows, Melons, Pumpkins,													1				1		5		2		2		11	
Onions and garlic					1				1																2	
Beans, carob and Prickly Pear(e)	5		1		1						2				1		3								12	
Gathering greenery (haxix)													1	1	1	2									5	
Plowing (unspecified): Motor -		2	1		5		2		1				4			1	2								15	
" " : Wood Plow. and hoeing			1		2										3	7			1						13	
Threshing wheat & barley - (f)																					5		3		8	

continued

6:Beeley K-5 (1957-1958) 1959 E26 Male E26

*159 ●552 142 234

6:Bosley K-5 (1957-1958) 1959 E26 Malta E26

Table 4 continued.

ACTIVITY	Aug		Sept		Oct		Nov		Dec		Jan		Feb		Mar		Apr		May		June		July		Year	
	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm
Manure spreading (g)	5		2						1												5		3		16	-
Repairing field storm damage					4		3						1												8	-
Other and unspecified (h)	6		2	2					1	1			1	1			1	1			1	1	2	2	14	8
TOTAL	31	31	30	30	31	31	30	30	31	31	31	31	28	28	31	31	30	30	31	31	30	30	31	31	365	365

(a) From work record kept by farmer's wife. (Translated by the writer): originals in E/S).
(b) No work in the mornings - goats grazed as usual in afternoon.
(c) Occasionally the children relieve Gulepp of supervising the goats' grazing.
(d) Including transport and storage.
(e) Hoeing and cutting.
(f) Including preparations for threshing.
(g) Including moving, spreading, turning and selling.
(h) Including 6 mornings when Gulepp washed clothes (wife's confinement), and others when weather was too bad for work.

000 can command.

226 There has, however, been material help to fishing in the
463 form of financial assistance[31] and the introduction of a
654 Fishing Equipment Supply Service (E/177 - 1957, Section F,
178 p.1), but the essence of the problem is, as in agriculture, that there is a retreat from fishing by the younger generation.

226 Marsaxlokk is the biggest fishing centre in the Islands
103 while, in Malta itself, Żurrieq - though not a port - comes
621 second by number of resident fishermen. In Gozo most fisher-
361 men live in Victoria and Xewkija, both inland settlements away from the fishing harbours of Marsalforn, Mġarr and Xlendi. Socially this residential distribution is important since only in Marsaxlokk is there a sufficient resident fishing population for one to talk of a 'fishing community'.

361 Marsaxlokk achieved parochial status in 1897 but the
226 village is still without many 'modern' attributes such as cinema, resident doctor, barber and certain shopping facilities for which the fisherman goes to Żejtun. His interest is
[484] primarily the sea and many fishermen visit the 'town' only
[443] for the fish market. In Marsaxlokk itself the fishermen
[512] gather for Church and gossip on Sunday mornings; the rest of their weekly schedule is governed by the weather and the season.

226 As a class the fishermen and their families are economi-
463 cally lower than the farmers. In February, 1958, about
554 10.4% of the estimated 840 fishermen were poor enough to
511 qualify for C.A.R.E. relief (v. Section 3). At the same
162 time only 9% of farmers were entitled to supplies on the same basis, and the average for the total population was lower still at 8.2%.

226 The fisherman is regarded, even by the farmer, as low on
463 the social scale. This, together with the generally
554 depressed standard of living of the fishing community despite
178 the present official financial assistance, is producing exactly the same position as in agriculture. The younger generation is not prepared to accept the industry as it is nor the way of life based on it.